

# Digesticol™

## Regularity in an Irregular World



Contrary to what you may have heard (even from your doctor), you **ARE NOT** what you eat! You are what you assimilate. According to Dr. Edward Howell, world renowned biochemist and nutritional researcher, "You may have all of the nutrients -- vitamins, proteins and minerals -- for the body, and still lack the one vital ingredient that keeps your body alive and well -- enzymes. What are enzymes? Enzymes are the protein molecules responsible for certain functions in the body, such as food digestion, building bones and tissues, aiding in detoxification, and much more. All natural, unprocessed foods are

endowed with naturally occurring enzymes, necessary for the above mentioned functions in the body. Dr. Howell refers to enzymes as "nature's labor force" that builds the body. Enzymes make all the other essential parts (carbohydrates, fats and sugars) work the way they're supposed to, synergistically. In his book, "Food Enzymes", Dr. Humbert Santillo gives the analogy that proteins are the light bulb, and enzymes are the electrical current which lights up the bulb.

Proper digestion and elimination of food are fundamental mechanisms of the body. Consuming cooked, processed, nutrient-depleted foods adversely affects those life-sustaining processes, leading to a plethora of potential disorders. Because of this reality, the body's complete metabolism is drastically reduced by the time most people reach their 40's. This is clearly revealed in the fact that digestive disorders KILL 200,000 Americans every year, and annually, some 90 MILLION doctor visits are linked to heartburn, acid reflux, bloating, constipation, diarrhea, irritable bowel syndrome, allergies, immune deficiencies, diverticulitis, chronic fatigue, fibromyalgia, cancer, and many other illnesses and diseases that doctors can't fix with drugs and surgery. Most of these conditions can be lumped together under the category referred to as Alimentary Toxemia (autointoxication, AT), or self-poisoning to be layman-like. It's estimated that 95% of Americans suffer from AT, to some extent, and **"To no other single cause is it possible to attribute one-tenth as many various and widely diverse disorders."**

Those digestive enzymes are the ones at work in the "cardiac" or "food enzyme" portion of the stomach during the hour or so following eating, breaking down the food into various different nutrients, releasing their benefits to the body, and preparing the food to move easily through the digestive system. It's during that time that 75-80% of the digestive process should take place, long before the stomach's digestive juices are called into action to finish the job. When this process occurs as described, the body benefits tremendously from less stress and energy savings. The body can then concentrate on its metabolic enzyme production, preparing the body and its organs for the environmental challenges we face, daily. **Sadly, this isn't happening today.**

**You Can Avoid This Digestive Epidemic!** The best, most complete solution to these digestive problems involves supplementation with aggressive, friendly bacteria (probiotic blends). But the process of "avoidance" begins at the beginning, dealing with the food we consume, and how we prepare it for consumption. If you eat chemically-processed foods, or food that is baked, barbecued, boiled, broiled, canned, fried, microwaved, roasted, or steamed, **most if not all of the natural food enzymes are destroyed**. Cooked foods are enzyme-dead food, and enzyme-dead food can't provide the body with the "work force" needed to "make all of the essential parts work together the way they're supposed to". If that's true of you and your family, you have two choices: continue to do what you're doing, and suffer the inevitable consequences, OR supplement each cooked meal with concentrated, pure plant enzymes, so that your body will have the "work force" required to break down the cooked food. The best external source for enzymes, antioxidants, flavonoids, probiotics, minerals, and amino acids, is raw and living foods that are not processed, dried, cooked or preserved.

**Digesticol** is a balanced digestive aid, and in my opinion, the most complete, perfectly synergistic digestive formula available. It promotes the process of converting virtually any food you consume into its most usable forms, while supporting proper elimination of toxins and waste, leaving you with a cleaner, healthier body. It is designed to eliminate the need for using antacids and acid blockers, while increasing the absorption of vital nutrients. It gets right to the heart of complete digestion, without the use of any unwanted chemicals to obstruct, inhibit, or in any other way negatively affect the results you deserve. It allows your body to ab-

sorb more of the essential nutrients it demands from the food that you eat, leaving you more satisfied, and reducing your urge to over-consume.

**Digesticol's** broad-spectrum formula not only captures and combines an incredibly potent proprietary blend (including nineteen (19) different digestive enzymes), but also provides other critical ingredients for digestive support, such as Fulvic acids, flavonoids, antioxidants, naturally-occurring micro-encapsulated probiotics, minerals, amino acids and herbs. All of these ingredients are considered important, but seldom if ever found in other products marketed in grocery, drug and health food stores. Additionally, **Digesticol** is infused with bio-energetic frequencies, which allows the body to absorb even more of the essential nutrients it demands from the foods we eat.

Fulvic acids, the "missing link in human nutrition", is a natural extract made from ancient plant deposits, created millions of years ago. Not to be confused with folic acid (an unrelated vitamin), it's the powerful driving force in **Digesticol**. These deposits consist of a wide variety of naturally-occurring phytochemicals, biochemicals, supercharged antioxidants, free-radical scavengers, super oxide dismutase (SOD), nutrients, enzymes, hormones, amino acids, antibiotics, antivirals and antifungals.

Fulvic acids can greatly enhance the bioavailability of important trace minerals, regenerate and prolong the residence time of essential nutrients in the cells, modify the damage of toxic compounds, such as heavy metals and free radicals, and also enhance the permeability of digestive, circulatory and cell membranes. A powerful electrolyte, fulvic acids restore electrical balance to damaged cells, neutralizes toxins and eliminates food poisoning within minutes.

Some unique additional ingredients in **Digesticol** include Alpha-Galactosidase, an enzyme that is an anti-flatulent; Beta-Glucanase, useful in digesting polysaccharides and fibers known as beta-glucans; G-Protease Blend, a proprietary mixture of protease enzymes that is designed to break down the widest range of dietary proteins possible; Glucoamylase, an enzyme that breaks down every glucosidic bond in polysaccharides like starch and glycogen; L-Glutamine, an amino acid that buffers poisonous wastes, eliminates them from the body, and prevents degradation of the intestinal lining; Magnesium, a mineral that is involved in several hundred human enzymatic reactions; R+Lipoic Acid, a component

of several hundred human enzyme systems, impedes fat production and recycles, re-activates and extends the lifespan of other antioxidants such as vitamin C and E, glutathione and CoQ10; and Sophoro japonica, critical in chelating free iron, and promote healthy circulation and protects against syndromes that lower the body's oxygen supply.

Regain that vital life force lost in the typical American lifestyle and diet. One **Digesticol** with meals will make an enormous difference in how you feel, right after a meal, and throughout the day.

***Digesticol***  
**(Up to a 6 Week Supply)**  
**\$39 <sup>00</sup>**

For more information, or to place an order, contact Lyle at [ultrahealth@cs.com](mailto:ultrahealth@cs.com), and anywhere in the U.S. call TOLL FREE 800-829-9913.