

Health Experts Sound Off About Vaccinations

Courtesy of
Mike Adams, Editor (NaturalNews)

What follows is a collection of quotations from naturopathic physicians, health authors, researchers and doctors on the dangers of vaccines. I assembled these quotes from a private library of health books and published them here to make this entire collection public.

Here, you'll learn how vaccines damage the immune system, how they cause asthma and allergic reactions, and why mandatory vaccination policies are a threat to human freedom. If you want to learn even more about why modern medicine's pushing of vaccines is actually a form of religious fanaticism (which has abandoned all scientific thought), read my related article, "The Flawed Theory Behind Vaccinations, and Why MMR Jabs Endanger Your Child's Health." (<http://www.naturalnews.com/025596.html>)

Please share this knowledge (with proper credit) so that others may learn the truth about the dangers of vaccines. The lives and health of our children are at stake here. You may also wish to watch this video of a teenager girl whose health was destroyed by the HPV vaccine: <http://www.rockymountainnews.com/vi...>

Recent evidence indicates that routine childhood **vaccinations** contribute to the emergence of chronic allergic problems such as eczema, ear infections, and asthma. While this contention is controversial, a growing number of scientists and physicians maintain that most standard **vaccinations** permanently disturb the developing **immune system**, setting the stage for hypersensitive reactions to foods and other common substances. In fact, childhood illnesses such as measles, mumps, and whooping cough may actually reduce the risk of allergy, says **Konrad Kail, N.D.** - [Alternative Medicine the Definitive Guide, Second Edition](#) by Larry Trivieri, Jr. - Available on Amazon.com.

Scientific evidence links **vaccinations** to chronic fatigue, autoimmune disorders, aids, learning disabilities, and other health problems. Viera Scheibner notes that the annual death rate in Europe prior to 1940 from diphtheria was "negligible (less than 300 deaths per million)." After

this date, when mass **vaccinations** against the disease were begun, "unprecedented" diphtheria epidemics followed in "fully vaccinated subjects." Mass **vaccinations** against tetanus and whooping cough also began in many countries in the 1940s, and were followed by outbreaks of the "so-called provocation poliomyelitis."

- [Conscious Health: A Complete Guide to Wellness Through Natural Means](#) by *Ron Garner*- Available on Amazon.com

Childhood **vaccinations** may also be one element that contributes to allergy, in a way that is similar to the mechanisms of the hygiene hypothesis. The **vaccinations** that prevent childhood illnesses may actually be making children more vulnerable to allergic disorders, by changing the natural function of their immune systems. Specifically, the **vaccinations** appear to make kids' immune systems too Th-2 skewed, with a relative deficit of Th-1 activity.- [Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders](#) by *Kenneth Bock*

-Available on Amazon.com.

While the dangers of **vaccinations** are greatly understated by most health authorities, the advertised benefits are greatly exaggerated. For instance, incidence of the four leading childhood killer diseases—diphtheria, pertussis, scarlet fever, and measles—had already declined 90 to 97 percent before the introduction of vaccines, due to improved **sanitation** and hygiene.³⁵- [The Natural Way to Heal: 65 Ways to Create Superior Health](#) by *Walter Last*-Available on Amazon.com

Homeopathic remedies may also help reduce the side effects of **vaccinations**. Dr. Kotsanis makes the following recommendations regarding vaccinations: Before **vaccinations**, give L-glutamine (500 mg), vitamin C (500 mg), and vitamin B6 (50 mg) daily for six weeks. Give probiotics (two times per day) and aloe vera juice (2 oz in divided doses, 2-3 times daily) for three months before and after **vaccinations**. Make sure the child gets plenty of pure water daily.

- [Alternative Medicine the Definitive Guide, Second Edition](#) by *Larry Trivieri, Jr.*-Available on Amazon.com.

Immune systems are even harmed by **vaccinations** because even though they may protect the body from one strain of infectious disease, they weaken the **immune system** against future strains. Fortunately, there are

many products to help boost **immune system** function. But remember: Even with the help of these products, proper **immune system** function requires greatly reducing exposure to synthetic chemicals and non-natural substances, as well as following the 3 principles of health discussed in the first half of this chapter.

- [Natural Health Solutions](#) by *Mike Adams*-Available on Amazon.com.

After you were born, during your preschool years, you got every little cold or virus that came along, but your **immune system** was getting some heavy-duty instruction on things to defend against. **vaccinations**, too, "schooled" your **immune system**. So as the years passed, illnesses and immunizations helped your body's **immune system** begin to develop memories of what was body-friendly and what was body-menacing. - [The Vitamin D Cure](#) by *James Dowd and Diane Stafford*.-Available on Amazon.com.

Proteins used in **vaccinations** are potential allergens that can produce anaphylactic shock. When **vaccinations** were first introduced, many diseases were on the decline; polio lessened 50% from 1923 to 1953, same as in Europe, where polio continued to lessen without using vaccines. Measles declined over 95% from 1915 to 1958 before **vaccinations** were used. Measles, mumps, and rubella/German measles may serve a person's normal **immune system** development and strengthening. - [Anti-Aging Manual: The Encyclopedia of Natural Health](#) by *Joseph E. Mario*-Available on Amazon.com.

Breastfed children generally have a stronger response to immunization and develop higher levels of immunity after receiving **vaccinations** than do formula-fed children. ...Vaccines are fragments of bacterial or viral material that fool the **immune system** into thinking that there is an ongoing **infection**. Vaccines can be "killed"—that is, totally inactivated—or "live," wherein the organism has been damaged so that it cannot cause **infection** but is still not completely dead. Vaccines also contain preservatives and other chemicals. - [Vaccination The Issue of Our Times](#) by *Peggy O'Mara*-Available on Amazon.com.

A beautiful young girl developed MS a few months after a series of smallpox **vaccinations** that were given to try to "boost" her immune system; she tried every dietary and herbal cure on earth to stem the

inexorable disease; but none worked. My heart ached as I saw her come to my classes each time weaker and weaker, and finally in a wheelchair, unable to focus her eyes or to write. I think it's not unreasonable to suspect that all the tampering and the "boosting" and the chemical intervention in the **immune system** can cause that **damage**.- [Food and Healing](#) by *Annemarie Colbin*-Available on Amazon.com.

Research findings now available from many sources are indicating that **vaccinations** interfere with the body's **immune system** development and make people more susceptible to diseases, not less. There is a growing body of evidence suggesting that childhood diseases, most of which are harmless, are critical stages in the development of a strong, fully functioning **immune system**. An immature **immune system** needs to develop naturally, by fighting off the illnesses that occur in childhood.- [Conscious Health: A Complete Guide to Wellness Through Natural Means](#) by *Ron Garner*-Available on Amazon.com.

When legions of parents began to complain that their children had become ill soon after their **vaccinations**, while still controversial, the government studied the situation and in 2001 began to gradually phase thimerosal out of the **vaccinations**. Even with this gradual removal, however, the **damage** was done. Now there are countless new cases of autism, with more emerging every day, and there are also millions of other children with very serious cases of the other 4-A disorders, which are also partly due to the unsafe **vaccinations**.- [Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders](#) by *Kenneth Bock*-Available on Amazon.com.

In addition to the toxic reactions that **vaccinations** with thimerosal appear to have caused, subsequent live-virus **vaccinations** may have also caused problems. These **vaccinations**, which contain small amounts of living viruses, may have directly created infections-through viral material-in children's gastrointestinal tracts.- [Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders](#) by *Kenneth Bock*-Available on Amazon.com.

Compelling evidence is available that the development of the **immune system** after contracting the usual childhood diseases matures and renders it capable to fight **infection** in the future. The use of multiple

vaccines, which prevents natural immunity, promotes the development of allergies and asthma. A New Zealand study disclosed that 23% of vaccinated children develop asthma compared to zero in unvaccinated children. Cancer was a very rare illness in the 1890's.- [A Physician's Guide To Natural Health Products That Work](#) by *James A. Howenstine, MD*- Available on Amazon.com.

Rubella Vaccine: Does not confer lifelong immunity as a natural mild **infection** does; 80% of army recruits in one study contracted rubella four months after **vaccinations** against it. Smallpox and Tetanus **vaccinations** have been linked to A.I.D.S.. Swine Flu Vaccinations: The misnomer for a man-made plague that causes severe paralysis and heart failure, which immediately killed 1600 persons vaccinated in 1976; cross-reacts for spinal cord paralysis/Guillain-Barre syndrome; and may cause death years later from cancer or heart failure.- [Anti-Aging Manual: The Encyclopedia of Natural Health](#) by *Joseph E. Mario*-Available on Amazon.com.

It is my belief that the widespread use of antibiotics and **vaccinations** is probably among the main causes of **immune system** disorders.
- [Food and Healing](#) by *Annemarie Colbin*-Available on Amazon.com.

[The] very sudden onset of symptoms is known to happen most frequently to children after their **MMR vaccinations**. Thus, the **vaccinations** that contained thimerosal may have created a double hit against the **immune system**. They assaulted the **immune system** with toxic mercury. This was followed by injection of combined live viruses, which could not be effectively handled by a mercury-altered **immune system**.- [Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders](#) by *Kenneth Bock*-Available on Amazon.com.

Chaitow has found that a number of factors negatively impact the immune function, including increased toxic burden due to pollution in all its forms; disturbance of immune systems through repeated childhood and adult **vaccinations** and immunizations; and **damage** to healthy intestinal flora due to over-reliance upon antibiotics and steroids (especially birth control pills).- [Alternative Medicine the Definitive Guide, Second Edition](#) by *Larry Trivieri, Jr*-Available on Amazon.com..

A little baby is born and immediately given a set of **vaccinations**. These **vaccinations** are drugs. They are poisons. They are diseased chemicals. You are injecting the little baby with viruses, drugs, chemicals, and disease. The baby's **immune system** begins to act in a totally unnatural way and becomes very susceptible to bacteria. Virtually every child, then, gets infections, primarily an ear **infection**. These infections were caused by the vaccines themselves. The doctor then prescribes more drugs in the form of antibiotics.- [Natural Cures They Don't Want You to Know About](#) by *Kevin Trudeau*-Available on Amazon.com.

American children often receive some 30 **vaccinations** within the first 6 years of their lives and children in the U.K. can expect to be vaccinated about 25 times. Within the first 15 months of life, **vaccinations** including nine or more different antigens are pumped into the immature immune systems of babies. Despite the colossal efforts and large sums of money spent on vaccine research, medicine has never been able to devise a cholera vaccine that works and the drugs for malaria aren't as effective as a single herb.- [Timeless Secrets of Health & Rejuvenation: Unleash The Natural Healing Power That Lies Dormant Within You](#) by *Andreas Moritz*-Available on Amazon.com.

The belief that **vaccinations**, like flu shots, have eliminated death from infectious disease in the twentieth century is widespread. In fact, much of the reduction in death from infectious disease is due to public-health measures, including improved nutrition and **sanitation**. And **vaccinations** are not without potential danger. We still don't know the potential long-term effects of vaccination.- [Before You Take that Pill: Why the Drug Industry May Be Bad for Your Health](#) by *J. Douglas Bremner*-Available on Amazon.com.

Multiple **vaccinations**, especially in newborns, are another major source of childhood mercury exposure because of the mercury-containing thimerosal preservative. Over twenty-two **vaccinations** are now recommended for children before the age of two! Effects of exposure can vary from subtle to major malformations but even minor degrees of maldevelopment can have unacceptable consequences.

- [Health and Nutrition Secrets](#) by *Russell L. Blaylock, M.D.*
- [Available on Amazon.com](#)

It has been hypothesized by researchers at Duke University in North

Carolina that the particular combination of pesticides, such as organophosphates and carbamates, along with the solvents and toxic metals and other chemicals in the anthrax and botulism **vaccinations** soldiers were injected with, could have brought about more nerve **damage** than any one of these substances could have done individually.- [Toxic Overload: A Doctor's Plan for Combating the Illnesses Caused by Chemicals in Our Foods, Our Homes, and Our Medicine Cabinets](#) by *Dr. Paula Baillie-Hamilton*-Available on Amazon.com.

These **vaccinations**, which offer little protection against yearly flu virus strains, are heavily promoted by the CDC, Public Health Department and most physicians. Many hospitals have made flu **vaccinations** of the elderly a part of routine admission orders. This, in my view, is criminal. Some forms of mercury, such as methylmercury, phenylmercury, and ethylmercury, are very fat-soluble. This means that an obese person can sequester a considerable amount of mercury in his or her body fat, as well as in his or her nervous system.- [Health and Nutrition Secrets](#) by *Russell L. Blaylock, M.D.*-Available on Amazon.com.

DPT may cause Sudden Infant Death Syndrome (SIDS) - 85% in 1 -6 months, same as the 2-4-6-month DPT **vaccinations** risk; the death rate increases eighttimes within 3 days of injection; in one study 70% of SIDS deaths occurred within 3 weeks of DPT **vaccinations** (give 1 gram Vitamin C to counter); causes reported adverse reactions in 100 per 1000 vaccinations (10%).- [Anti-Aging Manual: The Encyclopedia of Natural Health](#) by *Joseph E. Mario*-Available on Amazon.com.

Studies indicate that autism may be the result of adverse reactions to childhood **vaccinations**. Dr. Alan Cohen, an environmental physician from Connecticut, notes that high levels of autism and attention deficit disorder (ADD) did not occur until the mandatory use of childhood **vaccinations**, and suggests that there may be a connection between certain vaccines and the onset of these conditions.- [The Complete Encyclopedia of Natural Healing: A Comprehensive A-Z Listing of Common and Chronic Illnesses and Their Proven Natural Treatments](#) by *Gary Null, Ph.D.*-Available on amazon.com.

Vaccination Damage: Despite the refusal of the conventional health establishment to investigate the long-term effects of childhood **vaccinations**, independent research reports have increasingly been made

public. These link vaccination rates to the epidemic of childhood asthma, as well as to crib death, shaken baby syndrome, hyperactivity, attention deficit disorder, autism, and juvenile diabetes. Since the 1990s, there has been a tenfold or 1000-percent increase in autism, an increase which has been linked by some researchers to the organic mercury preservative commonly found in baby vaccines- [The Natural Way to Heal: 65 Ways to Create Superior Health](#) by *Walter Last*-Available on Amazon.com.

As for **vaccinations**, parents should insist that their children receive only vaccines without thimerosal. Manufacturers are slow in producing mercury-free vaccines, but as a parent you should insist they be free of this toxic metal. The practice of inoculating the elderly every year against the latest flu viruses is ludicrous. Recently the CDC recommended lowering the age for yearly flu shots from age sixty-five to fifty-five and some pediatricians are now recommending flu shots for small children.- [Health and Nutrition Secrets](#) by *Russell L. Blaylock, M.D.*-Available on Amazon.com.

Some scientists have attributed the onset of chronic fatigue to the administration of **vaccinations**. Several members of the scientific community have reinforced this argument against **vaccinations** by establishing a correlation between Gulf War syndrome, which is predominantly characterized by chronic fatigue, and the vaccination program carried out by the military during the Persian Gulf War.- [The Complete Encyclopedia of Natural Healing: A Comprehensive A-Z Listing of Common and Chronic Illnesses and Their Proven Natural Treatments](#) by *Gary Null, Ph.D.*-Available on Amazon.com.

The effect of all this is a high incidence of crib deaths in bottle-fed babies, which sometimes occur shortly after immunizations. **Vaccinations** can further drain the already dangerously low levels of vitamin C. Archie Kalokerinos, M.D., in *Every Second Child*, relates that in some Aboriginal communities of Australia every second child given a vaccination died of crib death, but when fed high doses of vitamin C before and after **vaccinations**, not a single child died.- [The Natural Way to Heal: 65 Ways to Create Superior Health](#) by *Walter Last*-Available on Amazon.com.

Few are aware that the success rate for flu **vaccinations** in the elderly is less than 50 percent, and that each vaccine contains the dubious bonus of mercury and aluminum doses that persist in the nervous system for

decades.- [Health and Nutrition Secrets](#) by *Russell L. Blaylock, M.D.*- Available on Amazon.com.

And let me remind you that flu **vaccinations** are not innocuous. There is conjecture that the mercury and aluminum (metals that are known to have neurotoxic effects) in vaccine shots are associated with long-term adverse consequences. These vaccines can also overstimulate the **immune system** in ways that are not fully understood. For that reason, I recommend that only people with COPD get flu shots. - [Before You Take that Pill: Why the Drug Industry May Be Bad for Your Health](#) by *J. Douglas Bremner*-Available on Amazon.

Parents are encouraged to read the research on this subject to understand the risks of **vaccinations**. They can learn about their right to refuse **vaccinations** for their family. For example, in Canada, there are no laws that can force a person to be vaccinated against their will. Health officials, however, fail to inform the public of these rights. The question of taking vaccines is also an issue for adults. There is such a media blitz, especially toward the elderly, to have annual flu shots; yet there is very little evidence that they are effective.- [Conscious Health: A Complete Guide to Wellness Through Natural Means](#) by *Ron Garner*- Available on Amazon.com.

The **damage** that has been caused so far by **vaccinations** is considerable and surpasses many times the problems that could possibly arise from having no immunization program whatsoever. Many natural ways are available to acquire immunity. All the procedures and natural remedies described in this book can assist you and your family in maintaining natural immunity against disease throughout life. "The best vaccine against common infectious diseases," according to the World Health Organization, is "an adequate diet."- [Timeless Secrets of Health & Rejuvenation: Unleash The Natural Healing Power That Lies Dormant Within You](#) by *Andreas Moritz*-Available on Amazon.com.

Do not allow your doctor or his or her staff to downplay or dismiss your concerns about **vaccinations**. Unfortunately, some pediatricians become quite annoyed when parents question or resist some **vaccinations**, so be prepared to meet some resistance. Even today, as more and more parents and health professionals are waking up to the potential hazards associated with some vaccines, there's still a lot of opposition out there. I

recently asked a respected pediatrician to explain his vaccine protocol to me. Without pausing for an instant he said, "Oh, we just follow the CDC's recommended schedule.- [Growing Up Green: Baby and Child Care: Volume 2 in the Bestselling Green This! Series \(Green This!\)](#) by *Deirdre Imus*-Available on Amazon.com.

Getting vaccinated is one of the worst things you could do to yourself, your children, and your loved ones. **Vaccinations** do not prevent illness, they cause illness. The mercury in the vaccines cause autism, brain **damage**, and disease. The vaccines themselves cause the body to be in an unnatural state and set you up for major disease. In the Natural Cures book I give you several other books that I recommend to discuss vaccines. They are: A Shot in the Dark, by Harris L. Coulter and Barbara Loe Fisher; Vaccines: Are They Really Safe & Effective?, by Neil Z.- [More Natural Cures Revealed: Previously Censored Brand Name Products That Cure Disease](#) by *Kevin Trudeau*-Available on Amazon.com.

So when Harris Coulter contends that **vaccinations** represent the rationalist "medical assault on the American brain," maybe that's not saying enough. Maybe the contention is better put as the medical assault on the American individuality. "It's ironic because Americans think of themselves as individualistic but really they're possessed by a herd mentality," Coulter speculates. "Maybe the American instinct for conformity is caused by childhood **vaccinations**." Is Modern Medicine Now in the Domain of the Criminally Insane?- [Physician: Medicine and the Unsuspected Battle for Human Freedom](#) by *Richard Leviton*-Available on amazon.com.

Through **vaccinations** you may gain protection from certain infections, but at the expense of having lost enough useful susceptibility on superficial levels to produce a symptomatic reaction, says Vithoukias. In other words, you may be immune to the flu, but you'll get cancer instead. Disease, says homeopathy is not alien to us, but a necessary elaborative and refining process of our organic being. If we cut off the disease's mode of expression, which uses the body tissue as a medium, this drives it ever deeper into our organism in search of a venue for expression.- [Physician: Medicine and the Unsuspected Battle for Human Freedom](#) by *Richard Leviton*-Available on Amazon.com.

Even though all of the children who received the pertussis vaccine

received other **vaccinations**, the researchers felt that the statistical evidence focused on pertussis. Among the children who did not receive the pertussis vaccine, most had received some other vaccination. Of the ninety-one subjects who received no vaccines, only one had asthma, compared to three with asthma in the 112 who had other **vaccinations**. - [Encyclopedia of Natural Medicine, Revised Second Edition](#) by *Michael T. Murray, N.D, Joseph E. Pizzorno, N.D.*-Available on Amazon.com.

Allergies are also on the rise because children's immune systems are under attack from **vaccinations**, antibiotics, and the constant use of medicines such as Tylenol that harm the liver, our most important organ of detoxification. Then they are fed foods devoid of nutrition but loaded with additives, dyes, preservatives, pesticides, and hormones. - [Bottom Line's Prescription Alternatives](#) by *Earl L. Mindell, RPh, PhD with Virginia Hopkins, MA*-Available on Amazon.com.

[Vaccines] cause hundreds of deaths per year from adverse reactions, reactions that wouldn't otherwise occur if mass **vaccinations** didn't exist. According to a recent announcement (November 14,. 2007) by State and County officials in Maryland (USA), parents were threatened with jail if they didnt submit their children to forced **vaccinations**. State Attorney General Glenn F. Ivey vehemently declared that he would criminalize parents who refuse to bring their children to the courthouse to have them injected, on the spot, with vaccines that contain methyl mercury. - [Timeless Secrets of Health & Rejuvenation: Unleash The Natural Healing Power That Lies Dormant Within You](#) by *Andreas Moritz*-Available on Amazon.com.

Researchers from the American Food and Drug Administration discovered that **vaccinations**, particularly the hepatitis B shot, could cause hair loss. They estimate that 50,000 Americans suffer hair loss (alopecia) after immunization every year. The report was published by the Journal of the American Medical Association in 1997. It is nearly impossible to estimate the **damage** and suffering that has been created and will occur in the future as a result of inadequate information about the dangers of modern immunization programs.

- [Timeless Secrets of Health & Rejuvenation: Unleash The Natural Healing Power That Lies Dormant Within You](#) by *Andreas Moritz*-Available on Amazon.com.

And now, if we refuse **vaccinations** for our children, the school authorities harass us because they do not realize how the vaccines are made from toxic pus and blood from diseased animals and do harm. Now, if we decide we don't want our child who is in liver failure to have a liver transplant, to have an emotionally devastating life for them and for ourselves, filled with doctors, infections, pain and ultimate rejection of the liver and death anyway after a few years, the government can take away that child and arrest us for "endangering the welfare of the child."- [Stop the Medicine! A Medical Doctor's Miraculous Recovery with Natural Healing](#) by *Cynthia A. Foster, M.D.*-Available on Amazon.com.

For a masterly review of the problems associated with **vaccinations**, I refer the reader to two of the best books on the general subject, Michael Dye's Vaccinations: Deception and Tragedy available from Hallelujah Acres and Neil Z. Miller's Vaccinations: Are they Really Safe and Effective? A Parent's Guide to Childhood Shots. At the end of this book, I also have listed other excellent publications that address this topic.- [Health and Nutrition Secrets](#) by *Russell L. Blaylock, M.D.*-Available on Amazon.com.

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About the author: Mike Adams is a natural health researcher and author with a mission to teach personal and planetary health to the public He is a prolific writer and has published thousands of articles, interviews, reports and consumer guides, impacting the lives of millions of readers around the world who are experiencing phenomenal health benefits from reading his articles. Adams is an honest, independent journalist and accepts no money or commissions on the third-party products he writes about or the companies he promotes. In 2007, Adams launched EcoLEDs, a manufacturer of [mercury-free, energy-efficient LED lighting products](#) that save electricity and help prevent global warming. He's also a successful software entrepreneur, having founded a well known [email marketing software company](#) whose technology currently powers the NaturalNews email newsletters. Adams volunteers his time to serve as the executive director of the [Consumer Wellness Center](#), a 501(c)3 non-profit organization, and pursues hobbies such as Pilates, Capoeira, nature macrophotography and organic gardening. Known on the 'net as 'the Health Ranger,' Adams shares his ethics, mission statements and personal health statistics at www.HealthRanger.org