

# MEGA-MAG

Liquid Magnesium  
Natural Ionic Magnesium with Trace Minerals



If you have read the two special articles in our archives, [\*What You Really Need to Know About Calcium\*](#), and [\*What You Really Need to Know About Magnesium\*](#), you will understand that the suspected "over-dosing" of poor-quality, inorganic calcium supplements over the past couple of decades may have left millions of unsuspecting Americans deficient in the electrolyte mineral, magnesium, and why additional supplementation could be appropriate, at least for some extended period of time. This is where **MEGA-MAG** comes in. MEGA-MAG Liquid Magnesium with ConcenTrace Ionic trace minerals is designed to work quickly as a maximum absorption formula. Magnesium is essential for over 400 different enzyme reactions in your body. In addition, magnesium ions play a critical

role in nerve conduction, muscle contraction, bone and tooth formation, protein metabolism, and is especially helpful for heart and circulatory health.

**MEGA-MAG**  
Liquid Magnesium  
4 FL OZ  
**\$12<sup>00</sup>**