

Vaccine Layering is Risky Business

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Multiple simultaneous vaccinations to people of all ages have become commonplace, today, but there's a growing list of research studies that indicate that having more than one vaccine at a time increases the risk you'll have a reaction, possibly a severe one.

One watchdog group expressing a growing concern is the National Vaccine Information Center (NVIC), a nonprofit organization located in Vienna, VA. NVIC is dedicated to the prevention of childhood vaccine injuries and deaths through public health education. It is headed by Dr. Vicky Debold, PhD, RN, Volunteer Director of Patient Safety.

In addition to the numerous recommendations regarding child immunization, the Centers for Disease Control (CDC) currently urges adults age 50 and over to get an annual flu shot (younger adults as well, depending on work, health or lifestyle) ... a tetanus-diphtheria or diphtheria-tetanus-pertussis booster shot every 10 years... and vaccinations against pneumococcal pneumonia and varicella (the virus that causes chickenpox). In addition, immunizations are required for certain types of travel.

As a side note, but definitely relevant to the subject;

The ads for the US Army challenge eligible young Americans to "**Be All You Can Be**" Really? *Not* when they're subjected to **over-vaccination** with dangerous substances **known to be toxic to the brain...**

For instance, recently, soldiers received ***as many as 17 vaccinations*** in a short period of time... despite manufacturers' warnings that many of the vaccines were to be spaced out over a one-year period.

(**Hint:** Studies suggest this has A LOT to do with the Gulf War Syndrome fiasco)... **Personal note:** I had a son who served in the Gulf War, and he wasn't the same young man when he came home.

One victim is former Marine Lance Corporal, David Fey of Clermont County, Ohio. TV station WLWT in Cincinnati reported on his experience.

Fey stated that on Nov. 28, 2005, he was one of a group of Marines who lined up for an undisclosed injection. After receiving the shot, Fey gained *30 pounds*

of water, his eyes *swelled up*, and he developed *a rash on his hand*, he told WLWT. He wound up in a hospital back in Ohio, close to death from kidney failure. He survived, but says he is still in pain, and he's waiting for a kidney transplant.

Fey's mom Cindy, began examining her son's medical records, and she said the shot he received was not even listed in the records. The military claimed he never received a shot. Eleven months later, those records were changed, with a handwritten note stating that the shot was a *flu vaccine*.

The military health officer said the number of troops who have become ill after receiving vaccines is in the thousands,

For the sake of convenience, it has become commonplace to administer more than one vaccine at a time, but unless a vaccine is licensed as a combination it may not have been tested for interaction with other ones -- and there are no regulations requiring evidence that administering it with another is even safe. Once a vaccination is licensed by the FDA, safety issues are primarily evaluated through reporting of adverse reactions to the government's Vaccine Adverse Event Reporting System (VAERS, <http://vaers.hhs.gov/>) and Dr. Debold estimates that only 10% of adverse effects are reported, at best. There are significant safety concerns regarding multiple simultaneous vaccinations, cautions Dr. Debold,

Of great concern to many is the fact that drug company clinical trials (which is how vaccines are studied) typically test them on healthy adults, and additionally, many of these vaccine clinical trials are small and conducted over a short time, sometimes only a few weeks or months. The reality here is that not much is known about the relationship between vaccines and unexpected and rare events, as well as to chronic illness, and little is known about vaccine effectiveness or safety when vaccines are given in combination... especially to older adults who may also be taking other medications or have multiple chronic illnesses. Dr. Debold. believes many more studies of this type are needed.

The research studies mentioned earlier include:

An NVIC analysis of Gardasil (HPV or human papillomavirus vaccine) reports submitted to VAERS through May 31, 2007, where investigators found that people who were vaccinated with Gardasil and the Menactra meningococcal vaccine simultaneously were at least twice as likely to experience serious adverse events, such as seizures and Guillain-Barré syndrome, a paralyzing neurological disorder that has been linked to vaccinations.

A joint research from the CDC and the FDA found an association with seizures when DTP (diphtheria, tetanus and pertussis) and MMR (measles, mumps and rubella) were administered on the same day or even within 14 days of one another.

In a study of adverse reactions to vaccines in travelers, researchers found that the rate of local (skin) reactions increased from 45% with one injection to 78% in people who had more than three.

In Japan, where multiple vaccination is uncommon, people who had simultaneous vaccinations reported significantly more frequent adverse events than those who had single vaccinations.

Multiple vaccinations should be avoided if at all possible, as they may indeed magnify the likelihood of problems. And for all vaccinations, even single ones, Dr. Debold recommends...

If you have a personal or family history of reactions to vaccinations, discuss the risks and benefits of immunization with your physician before coming to a decision, and avoid having multiple vaccinations at the same time. If you have a history of seizures or neurological disorders, severe allergies or immune system disorders, likewise carefully consider which vaccines you need and weigh their risks and benefits.

If you choose to take vaccines, always try to spread them out by one or two months. There's nothing to be lost and likely much to be gained by spacing vaccines out by one or two months or even longer, Dr. Debold notes -- it's a way to increase the likelihood you will stay healthy.

Note: For vulnerable seniors, for whom the risk of complications from illness is clearly greater than risk from the vaccines, themselves, immunization may still be advisable.

Educate yourself about the risks and benefits -- Web sites such as www.cdc.gov/vaccines and www.nvic.org are a good place to start. Also the National Vaccine Information Center at <http://www.nvic.org/Report/report.htm>, has maintained a vaccine adverse event database, which is based on VAERS data, since 1982.

Be aware that there are scientists who believe that the immune system actually benefits from experiencing illness -- in a way that is more robust, providing complete and life-long immunity from the disease, compared with the vaccine that may provide only partial and time-limited immunity, Dr.

Debold explains.

Consider the mock interview of a vaccine researcher who spent 15 years developing vaccines for major drug companies and working for the National Institute of Health (NIH), entitled, **The Truth About Vaccines** on the Recorded Interviews section of my website, *drinkcleanwater.com*. It's an eye-opener. While you're there check out the numerous **Health Related Bulletins** and **Featured Health Articles** on the site. This information is vital for anyone interested in pursuing wellness, and might even save your life.

Questions? Contact Lyle at **800-829-9913**, or ultrahealth@cs.com.